

9/8/23 Rezzimax Conference - Salt
Lake City

Sharik Peck

- The Dream - telling a small story - Dreaming + trying to put the dream into reality - the journey
- Manuals + getting these out to the users
- Sharing knowledge - that's one of the main goals
- How to replicate "Sharik" or fill in the name
- Referral links - commission structures - affiliate program - tracking
QR codes coupons
- Research - articles - getting things published - studies
- Teaming up with key people
- Bouncing ^{things} off others - ideas, collaborations, etc.
- Some guest speakers
- This was a health + wellness conference
- They got into different health, wellness, + healing topics -
Specific to the topic
- Form follows function
- interconnected systems - relationships

9/8/23 (Continued)

- finding & fixing problems & issues - pain or dysfunction
- Seems all of the inter-related pieces
- Micro changes & how that plays through
- Trying to get a good balance - along the way
- Straightening out disharmonies
- Helping people help themselves - teaching them coping skills
- Deprogramming - things that run in natural or normal habits
- Experimenting
- Nothing happens by magic
- practice & hands on - additional instruction during the practice sections
- Some great professional quality videos.
I met some of the video guys
- Getting things aligned & in tune - general guide or guideline
- alignment
- Foundation - going back to the basics

9/8/23 (Continued)

- Putting the action into their hands - ~~meaning~~ meaning the end users (decisions)
- This was a health & wellness conference - some of their basics were head & neck & feet & following those nerves
- Basic techniques - then expand from there
- Systems & interconnected systems
- Focus your mind on what you're grateful for - one of the best changers
- Going onsite & working directly with people
- The 3 T's - thoughts, trauma, or toxins
- Anchors
- Needing help - Sometimes we don't have the time or bandwidth - we need good health
- Different divisions - people & animals
- Strategic partners & strategic experiences
- Look where you want to go - better chance of getting there
- You always end up where you look

9/8/23 (Continued)

- Positive mindset attitude
- I make things happen or things happen to me
- Lifestyle changes
 - Using sound ^{and} vibration ^{matching tones or frequencies} to become in tune -
- Thinking about thinking - an active approach
- Some things we can't change - we control or manage what we can change
- Actual studies - taking things to the scientific levels
- Partners pitching each others products
- Working directly with vendors & manufactures
- hardware, software, firmware, user interface, & mobile app
 - all mixed together
- Employing your neighbors
- Tag line - they used it over & over again
Theirs was "Tune out pain & tune into life!"
- Tests & certification levels - for the products & procedures
 - highest level is fully trained

9/8/23 (Continued)

- He, Sharik, tries to surround himself with people who have lots of skills & knowledge & talents
- They had products & samples to give out
- Teaching basics & how, through systems, everything is interconnected
- Why do you do what you do
- Scraping - wake-up an area
- Multiple small demos & live, hands on, experimentation
- Very professional level packaging - nice glossy info sheets, nice packaging, nice visuals, everything looks very professional
- Matching frequencies - we don't want to stay out of sync very long - we tend to want to match
- Feedback, questions, & great interactions from the conference attendees
- Consistency & creating good habits
- More matching - beats, systems, timing, & harmonies
- Don't be afraid to try something new

9/8/23 (Continued) ^(all kinds of systems)

- Getting into systems, learning, experimenting, & being willing to try things - Learning over time
- Recognizing patterns
- They had a full YouTube channel
- Looked up & wrote & wrote ideas as they were coming to him
- Different modes - with instructions on when & how to use those modes
- opposites or cross-grain
- User stories (from the participants) & testimonials
- They had a bunch of assistants (helpers) who could help during practice sessions.
- They introduced their new product, gave demos, went over it, & gave some highlights
- They have all of their products online on their website for sale with info & specs
- Telling them, ^{attendees} his students, where they are at, and where they are going - the future
- Small hands on demo - patterns - use cases - etc.

9/8/23 (Continued)

- Sharik, was engaging his team to use things, find bugs, push it, comeback with feedback (emails, texts, or other)
- experimenting with the new tech - everybody was excited to try some new things - they were already expressing ideas & possible solutions -
- rebooting the system - meaning the body - the nervous system
- Being the beta testers
- Ability to pass on updates - apps, hardware, firmware
- Be able to dial in your own custom settings - even per person (mini profiles of sorts)
- special pricing for affiliates
- full disclosure made - we need your feedback
- Explaining some of the tech
- future, associates, & next levels - even coming from the participants
- Doing some public speaking at different events
- influencers & getting your products out there
- Light flexibility & switching up the training as needed

9/8/23 (Continued)

- recipes - for them ... rezzipes - you can add & subtract and alter as needed
- harvesting ideas from others - giving credit where due
- Directing positive energy
- Shrik was sharing tons of knowledge, stories, & experiences - it made it fun
- Some testimonials
- People loving it - what they believe
- Some stories from end users - live testimonials
- They kept showing success stories - it almost made you want to be one of the success stories - almost a level of marketing without actually marketing.
- They didn't teach close to the end ... Sort of a soft ending on day one, light interactions, hands on, networking, etc.

Day 2

9/9/23

- Small suggestion from my mom - A bag with your logo on it - we got lots of goodies & new toys. My mom recommended ~~me~~ that a bag would be nice. It would be reusable, helpful, & people could see your logo & name as the people carry their stuff.

9/9/23

Day 2

Rezzimax Conference

- Sharik - started the day by asking for feedback
- He was willing to change his agenda to accommodate some people who needed to leave early & wanted a certain subject covered.
- He, Sharik, made some great & fun introductions to those who are helping
- They showed a new app - super small demo - talking about upcoming changes - like read/write new hardware names - The users wanted ways to name devices, name rooms, or types - ways to organize their flow
- They (the users) wanted to be able to turn things on & off remotely - using technology to help their clients & patients sleep better.
- They also wanted full control to program multi devices with plans, modes, timers, & custom options.
- The end users wanted to know timelines, they were really excited to get using it.
- Currently, they are using ~~to~~ bluetooth ... they want to be able to do all functions - remotely - including ways to control all of the micro functions, timers, wake up - go to sleep, modes, cycles, etc.

9/9/23 (Continued)

- Users wanted to know about updates, notifications, communications, & how to provide feedback.
- Not only feedback but also recommendations & feature requests
- Sharik was asked a question & jumped back into a small history of where they came from - the electric toothbrush story - the start of the dream - vibration will heal the human nervous system, (Go figure it out - 800+ electric toothbrushes
- Seeing journeys coming full circle
- The users wanted to know protocols - who to talk to, what to send in, how to communicate, etc.
- A programmer on a mission - talking about the app developer
- On the media guys - they had two recording the conference - one was the primary tech guy. The other was more promotional & marketing.
 - They were capturing testimonials along the way
 - They mixed (microphone) all of the speakers.
 - If someone else made a comment, they tried to re say it or re cap over the mic
 - Sharik was recommending the attendees to get with the media guys to get their stories

9/9/23 (Continued)

- Trauma - aka problems, issues, pain
- Pornography - drugs - alcohol - PTSD - Life events
 - eyes, hands, mouth, touch, feel, harm
- Teaching the law of opposites
 - joy and misery
 - happiness and sadness
 - inhale and exhale
 - push and pull
- Ok with being uncomfortable
- pairing these opposites + finding patterns
- Back to Trauma - front door + back door approach - there is always a way in - look around + be creative
- Sharik has asked people to do certain things + then records it to help share that story or share that experiment
- Let it go!
- Exposing yourself + being vulnerable
- "It" will come later - what ~~you~~ you^{are} looking for
- Catalyst for change
- Replacing negative with positive (thoughts)

9/9/23 (Continued)

- Standing next to the event, not in it (Trauma) events
- Going almost empty + then rebuilding + replenishing
- Trauma has attachments - other traumas
- Forgiveness + understanding
 - forgiveness doesn't make it right -
 - It does have power to help you
 - Question - how is this all done ... ?
- Breathing + controlling the breaths ... thinking about it
- having a safe place to recover + seek healing
- The ability to connect to the music within you
- Saying prayers - for self and for others
- Sharik, sharing his story + tons + tons of experiences
- Triggers
- Learning lessons + then passing on those lessons learned
- Experiences happen !!!
- Going over FAQ's - preset list
- Different people do things in different ways - that's ok. Encouraged ...

9/9/23 (Continued)

- Great discussions + awesome feedback + ideas from the participant - there was enough flexibility in the presentation to allow for that.
- Inspiration + being open to new ideas
- Sometimes it takes time to come to an understanding
- Freely give, freely share - keep it open
- Each participant comes from a completely different place
- The pioneers in room - Go explore
- Learn from your experiences
- If you are ~~experiences~~ experimenting ... try it on yourself first - controlled experimenting
- Combining techniques + skills
- Finding out what nature does + either using it (nature) or trying to simulate - integration
- There are tons of other things that can be added in
- Take what we have + offer + then add to it and enhance it
- Build off of a stable base

9/9/23 (Continued)

- Deep questions & sequences - Am I safe?
- Making time to care for ourselves
- stick to the basics - recipes
- ~~Achievement~~
- From my mom - she can hear the main presenters but can't hear anybody else. That bothers her a bit - she leaned over & told me to write this down - can be hard to fix
- pathways - things that are used over and over
- what works for you? Use that & then build & go from there.
- Strategies & figuring out how to duplicate or predict certain outcomes & behaviors.
- Light humor
- Gathering information
- Connecting the dots ... even over time
- finding alternate paths or pathways
- Solve a problem, then move on to the next ... the deeper you look, it will become a map of the environment.

9/9/23 (Continued)

- Going back to basics - the goal is the big picture
- Repetitive processes - that's how you learn
- More videos & referring the participants to subscribe to the YouTube channels.
- Lots of techniques, tips, & tricks
- They were talking about self healing ... at times more advanced help is needed - meaning surgery or advanced help.
- Talking about pain ... if you take it all away, sometimes you do something stupid - pushing things too hard. Pain can be a great teacher - knowing your limits
- In their videos ... there was a lot of ~~consent~~ consistency
 - well done - some of them felt repetitive but yet different
- Sharik's wife kept helping them, who ever was presenting, with reminders & helping them if they forgot something
- Giving service - helping & doing good
- Public speaking & facing fears
- Sharing energy or sharing energies
- The feet are great messengers to the brain

9/9/23 (Continued)

- Simple steps - set timing - set steps - make it repeatable
- Watching friendships & relationships being made from Conference attendees - fun to watch -
- People cheerleading each other & supporting each other
- Good laughter & fun times
- Emotions tied to injury - making new paths to the brain
- Putting all of the pieces together - creating a system and using other systems that already exist
- What have we found ... letting people know ... passing on that knowledge
- Just noticing - some of the attendees were standing, going up, getting closer, taking pictures of slides, video taping, recording, & taking notes - internal thinking
- People want to learn - some great questions & follow ups
- Telling the brain "the map"
- Being developed on the fly ... people testing things on the fly - putting ideas into play on the fly

9/9/23 (Continued)

- alignments - keep coming back to simple alignment concepts
- Improvements & seeking improvements
 - major participation - he called someone up people, let them do it, & he was commenting & lightly directing what was being done.
 - watching for reactions - seeing through their behavior
 - things working together
 - Talking about sensitivity & visiting or building up those areas over time
- Following protocols - set steps to follow to get certain results
- Translating ideas & concepts to different applications
- personal stories & tying them into parts of the story
- Helping to solve problems - daily
- Constant message of gratitude - being grateful
- Good resources - bring back that knowledge quickly
- Sensitive individuals - start where or wherever they are at - helping them quickly get back to recovery

9/9/23 (Continued)

- If it takes time - take that time
- When they are ready - there is a timing
- Are you trying to solve things or just make things better or easier, there is a difference.
- Thanking others
- Explaining why we do the same thing over and over again
- For me - I loved the stories & how much Shrik and others had helped others - all around the world - making a difference -
- If you do some pain ... make sure you put a smile on ~~your~~ ^{their} face before they leave
- Some of the participants want a way to share & pass on advanced tips & techniques - maybe some Facebook groups - public & private -
- Wanting to stay connected
- mindfulness & being focused - going there on purpose
- Self regulating
- a tool to help - not the end all solution

9/9/23 (Continued)

- Primitive reflexes - a return to a pattern - there are both good & bad - ways to help overcome ones that are unwanted
- ~~Light~~ Light it up - the brain loves information food for the brain
- Asking others to help us get the word out - word of mouth
- Cross grain or crossing - going across the mid line & then back again
- Transforming and transferring energy
- Test it as you treat
- Work on the weak side
- Working through barriers
- accelerating processes
- Isn't that Cool! ? (both)
- Combos
- Tests
- X is tied to Y, is tied into Z, is tied into ... everything is interconnected

9/9/23 (Continued)

- Reviewing, even at the risk of sounding like a broken record
- ~~Spent~~ some spent some time going through scenarios
- integrating both sides - of the body or of your environment
- Keep working on things that need help
 - wake it up - then integrate it
- mirror therapy
- Don't put limits on what people can do - the mind & body are amazing
- Getting the word out - a small little army
- Making training available - afterwards
- a small price to help cover costs
- Don't worry about changing people from your knowledge
- Giving back
- What are you doing with your talents
- small, good gospel messages, in a soft way
- the value of Mom's - changing lives for good

9/9/23 (Continued)

- Help & being helped
- Teaching people how to use the tools
- Charity & charities - projects - helping others
- Reusing things
- Some fun toys & take aways
- Some of the participants wanted to know ... when is the next training?
- Some of the participants were interested in setting up their own conference & then having Sharik come & teach - they asked ... how many do you need for an event? They were serious. They were going to organize things, set it up, & get people to come.
- There were some ladies from Texas that were wanting dates, travel dates, to setup events
- Social media channels
- They wanted to get the events calendar - up and online
- Public videos - they were asking for even more or videos with tags - searchable
- Being able to share the videos

9/9/23 (Continued)

- 29 new videos on the YouTube ~~chat~~ channel this week
- Please share this information - connections
- This is sooooo fun!
- Reminding yourself - what you have & where you are
- Grounding - getting in touch
- Format - open Q&A - open forum
- Affiliate programs - getting it out there - paid sales & little army
- I feel like I'm supposed to be doing this - Sharik
- This is very tiring, but worth it
- We try our best
- Part of the public domain - sharing
- Day 2 ended!!! Lots of good networking & talking going on - teaming up, connecting, swapping info, reviewing the conference, etc.
- From my mom - nice to have another technical person there to help out & keep things going.